

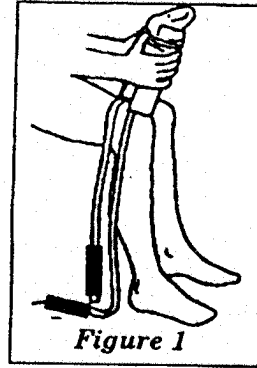
## Flexible Sock/Stocking Aid with Built-Up Foam Handles

#2083, 2083-02, 2083-03, 2083-04

Read instructions carefully prior to use!

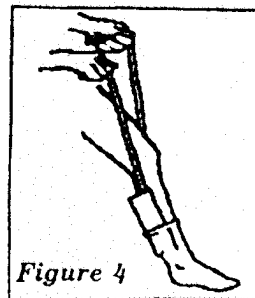
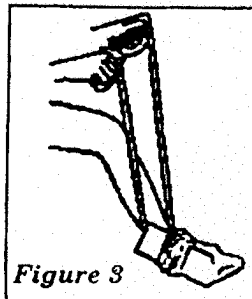
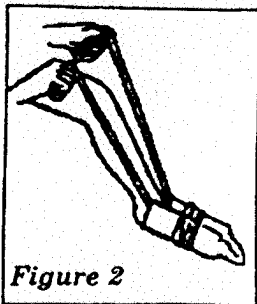
### Instructions

1. Begin in seated position with feet on the floor, hold Sock/Stocking Aid (as shown in Figure 1) in one hand, resting on one knee. Draw the sock/stocking over the Aid so the toe is completely over the end and the sock is at least halfway up the length of the plastic trough.
2. Flip Sock/Stocking Aid out in front of foot and let drop onto the floor. Insert toes through opening of sock/stocking (Figure 2).
3. Pull straight back on back foam handles until sock/stocking covers the toes. Begin pulling at an upward angle toward the ceiling so that the sock/stocking is pulled around the heel (Figure 3).
4. Continue pulling on handles until sock is pulled up or until stocking can be reached. Sock/Stocking Aid will pull out of the sock/stocking about mid-calf (Figure 4).



The cords on the Sock/Stocking Aid may be shortened by cutting. Retie each cord end into a knot, to prevent raveling.

**Note:** Instructions are the same for the #2083-02 Continuous Loop Sock Aid. Can be performed with one hand using the continuous foam handle.



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